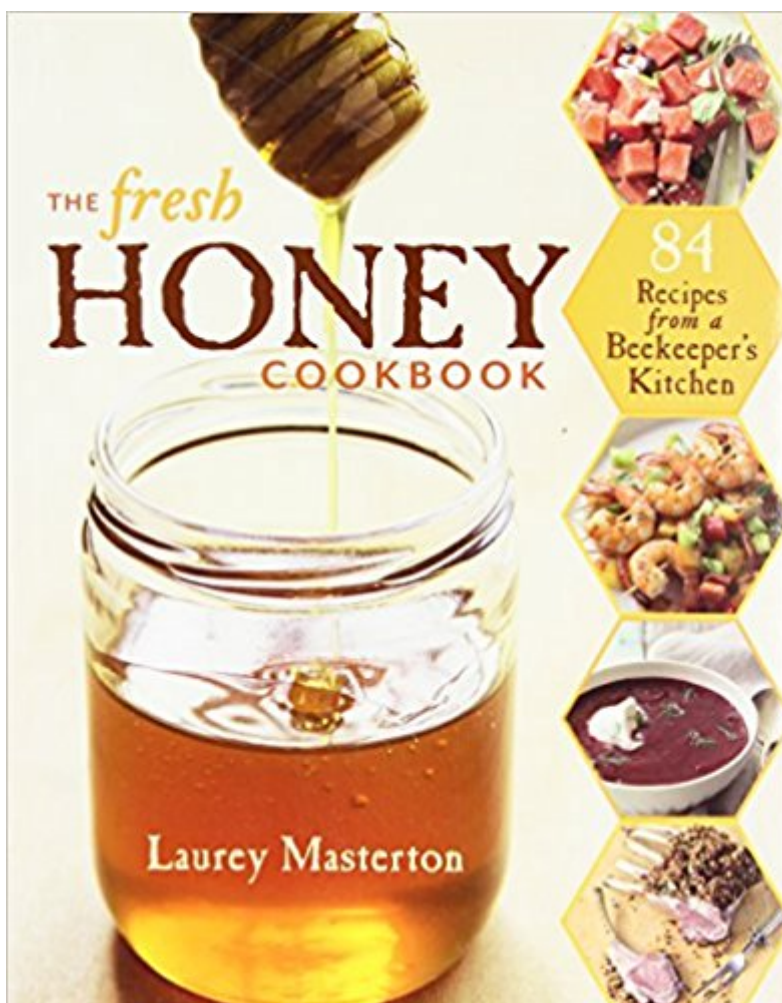


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# The Fresh Honey Cookbook: 84 Recipes From A Beekeeper's Kitchen



## Synopsis

Indulge your sweet tooth all year long with honey's many seasonal flavors. Use avocado honey to add depth to April's baby carrots; spice up your July peaches with sourwood honey; and add some cranberry honey to November's Thanksgiving spread. This delightful book is filled with bits of honey lore and beekeeping history to sweeten your exploration of the varied and delicious ways you can use honey every day.

## Book Information

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Average Customer Review: 4.4 out of 5 stars 39 customer reviews

Best Sellers Rank: #92,596 in Books (See Top 100 in Books) #130 in Books > Cookbooks, Food & Wine > Entertaining & Holidays > Seasonal #521 in Books > Science & Math > Agricultural Sciences #3078 in Books > Engineering & Transportation > Engineering

## Customer Reviews

Honey through the seasons Sweeten your table with 84 recipes inspired by honeybees, the food they pollinate, and the golden sweetener they produce. Highlighting a different honey varietal each month, beekeeper and chef Laurey Masterton offers honey-tasting tips and vibrant recipes that deliver amazing dishes, both savory and sweet. In every season, Laurey encourages a deeper appreciation of honeybees through fascinating glimpses into the life of a hive.

The late Laurey Masterton was a beekeeper, café owner, caterer, and chef/spokesperson for The National Honey Board who enthusiastically taught the benefits of using and eating local ingredients. She grew up in Vermont and lived in North Carolina where she started Laurey's Café.

I just learned of Laurey Masterton when I received my e-blast from Cook's Warehouse, Atlanta, Ga., where I assist Chef's in cooking and demonstrating, that Laurey would be a visiting chef this

October 2013. I could have signed up to assist but I've accumulated so many points towards free classes from my sweat labor, I decided to sign up to listen, taste and enjoy. I have been taking a series of Wine Classes held in this same store (Cook's) and have learned much on the varietals of wine paired with food. Laurey's book goes into the varietals of honey paired with foods which makes for intriguingly flavorful tastings. With each honey varietal, Laurey provides a description in the same manner as wine is described. The recipes vary from vegetables, to proteins to desserts. Laurey even provides a list of locations to purchase these honey varietal's. Being a photographer, I love the work of Johnny Autry, and with his wife, Charlotte, as the food stylist, they have, along with the collaboration of Laurey's recipes and details of beekeeping, presented a beautiful book. If this isn't enough, Laurey goes into great detail on beekeeping, the importance of bees, trivia on bees and most candidly, her failure two seasons in a row in beekeeping. I always appreciate when writer's are candid.

Although the word "mead" scarcely occurs in the whole text, this is a landmark book for mead appreciation and mead pairings. Cooking with honey involves combining honey with other ingredients; pairing mead with food involves pairing a honey-derived beverage with other ingredients. Creating a recipe that includes honey involves bringing a honey profile into a dish; pairing foods with meads involves marrying the flavors of the food with the flavors of a beverage made from honey. Lots of inspiring ideas here, even though you have to work for them. This book is a very worthwhile addition to the mead maker's library, and to the mead pairer's library. From [kookoolanblog.com](http://kookoolanblog.com)

I love this book. Laurie will live on in her wonderful cookbooks.

Great recipes; thoughtful and delicious. Lots of info about bees that drive home the fact that we have to do something to protect them - and ourselves.

I discovered this book at the library and had to have it. The explanations on the various kinds of honeys is very interesting. The highlighted foods that require bee intervention is amazing info, and the beekeeping info is extremely informative. I can't wait to get to Asheville, NC and visit the author's restaurant.

Want to get away from regular sugar. This book looked very interesting. Am anxious to purchase

strawberries real soon and make some jam with the berries and honey !It contains very interesting, easy to prepare, recipes. Recommended to those who want to get away from regular sugar.

Easy to follow recipes and delicious, learned alot about bees and honey....another world! Loved that the ingredients are fresh, techniques are relatively simple.

this looks like a great book. Can't wait to get started using these recipes.

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